

Healthy Baby Facilitator

Part Time Contract



Anticipated Start Date: ASAP

Shift: 15 hours per week
4 sessions plus mileage, materials, and snacks

Salary: \$24.50 hourly

Reports to: Executive Director

About 1JustCity

1JustCity operates drop-in sites in Winnipeg's West End, West Broadway, and Osborne Village. We provide services to over 1,200 unique individuals weekly and work with people living in poverty, experiencing homelessness or precarious housing, mental health challenges and/or addiction, social isolation, and systemic barriers. Learn more at 1justcity.ca.

About This Role

The Healthy Baby Facilitator leads a community-based program that supports pregnant individuals and parents with babies under one year old. The role creates a safe, welcoming space where families can connect, learn, and access resources. Healthy Baby programs provide information on prenatal care, infant development, nutrition, breastfeeding, healthy lifestyle choices, and parenting strategies while fostering confidence, peer connection, and empowerment. Facilitators also provide low-barrier supports such as healthy snacks, milk coupons, bus tickets, and childminding where available. The role requires collaboration with public health nurses, dietitians, and community partners to deliver sessions aligned with Manitoba Healthy Baby guidelines, ensuring programming is trauma-informed, strengths-based, culturally sensitive, and inclusive.

Responsibilities

- Deliver four monthly Healthy Baby group sessions.
- Share information on prenatal care, infant development, breastfeeding, nutrition, healthy lifestyle choices, and parenting strategies.
- Support isolated or vulnerable families and encourage early and regular prenatal care.
- Foster social connection among participants and build supportive relationships.
- Organize low-barrier group activities including cooking demonstrations and healthy snacks.
- Maintain program records and complete required data collection.
- Work collaboratively with community partners and professionals to ensure coordinated, high-quality service.
- Participate in program planning, review, and community engagement activities.

What You Bring

- Experience in childcare, early childhood development, parenting support, or community programs.
- Knowledge of Healthy Baby program and resources is an asset.
- Understanding of working with marginalized communities, including those experiencing poverty, housing instability, mental health issues, and/or substance use.
- Excellent communication and facilitation skills, both oral and written.
- Strong advocacy, planning, and organizational skills.
- Professional, reliable, and able to handle sensitive and confidential information.
- Familiarity with trauma-informed care, harm reduction, and strengths-based approaches.
- Experience working collaboratively with community organizations.
- Post-secondary education in relevant social services or equivalent experience.
- Certifications such as CPR/First Aid, NVCI, ASIST, or Mental Health First Aid are an asset.

Requirements

- Proficiency in Google Workspace and basic data entry.
- Driver's license and daily access to a vehicle is an asset.
- Criminal record check and Child Abuse Registry check required.
- Some physical work required, including lifting, bending, climbing stairs, and carrying up to 50 pounds.

Equity Statement

1JustCity is an equal opportunity employer and encourages individuals from minority groups to self-identify. Preference will be given to Indigenous candidates.

How to Apply

Please submit a resume and cover letter to the attention of the Hiring Committee with the title of the position in the subject line. Cover letters should indicate how your experience meets the job requirements and include contact information (phone number/email). Apply via Indeed or email: jobpostings@1justcity.ca. Applications will be reviewed until the position is filled. Only candidates selected for an interview will be contacted.